

TERANG COLLEGE

SUN PROTECTION

POLICY (Students & Staff)

1. RATIONALE

- 1.1 A balance of ultraviolet radiation (UV) exposure is important for health. Too much of the sun's UV can cause sunburn, skin and eye damage and skin cancer.
- 1.2 Too little UV from the sun can lead to low vitamin D levels. Vitamin D is essential for healthy bones and muscles, and for general health.

2. AIMS

- 2.1 This Sun Protection Policy has been developed to:
 - 2.1.1 ensure all students and staff have some UV exposure for vitamin D,
 - 2.1.2 work towards a safe school environment that provides shade for students, staff and the College community at appropriate times.
 - 2.1.3 assist students to be responsible for their own sun protection.
 - 2.1.4 ensure families and new staff are informed of the College's Sun Protection Policy.

3. IMPLEMENTATION

- 3.1. Issues, actions and decisions relating to this policy will take into account Department of Education and Training policies, memos, guidelines and circulars and Government Ministerial Orders and Acts.
- 3.2. Staff are encouraged to access the SunSmart UV Alert at sunsmart.com.au to find out daily local sun protection times to assist with the implementation of this policy.
- 3.3. We use a combination of sun protection measures for all outdoor activities from the beginning of **term 1 to the end term 1** and from the beginning **of term 4 to the end of term 4**.
- 3.4. **Education:**
 - 3.4.1. Sun safety will be incorporated into curriculum across the P-12 College.
- 3.5. **Shade:**
 - 3.5.1. A shade audit is conducted regularly to determine the current availability and quality of shade.
 - 3.5.2. The College Council makes sure there is a sufficient number of shelters and trees providing shade in the College grounds particularly in areas where students congregate e.g. lunch, canteen, outdoor lesson areas and popular play areas.
 - 3.5.3. The availability of shade is considered when planning excursions and all other outdoor activities.
 - 3.5.4. In consultation with the College Council, shade provision is considered in plans for future buildings and grounds.
 - 3.5.5. Students are encouraged to use available areas of shade when outside.
 - 3.5.6. Year prep to year 4 students who do not have appropriate hats or outdoor clothing in term 1 and term 4 are asked to play in the shade or a suitable area protected from the sun.
 - 3.5.7. Year 5-12 students are reminded and encouraged to wear hats and put on sunscreen or to play in the shade or a suitable area protected from the sun during term 1 and term 4.
- 3.6. **Clothing:**
 - 3.6.1. Sun protective clothing is included in our College uniform / dress code and sports uniform. School clothing is cool, loose fitting and made of densely woven fabric. It includes shirts with collars and elbow length sleeves, longer style dresses and shorts. Students are encouraged to wear rash vests or t-shirts for outdoor swimming.
- 3.7. **Hats:**
 - 3.7.1. Hats worn at the College will be the style listed in the College Uniform Policy.
 - 3.7.2. To protect their face, neck and ears it is compulsory for all P-4 students and staff to wear hats outside during term 1 and 4.

- 3.7.3. Parents Association will provide each Prep student/new enrolment with a Terang College a new hat.
- 3.7.4. **It is strongly encouraged that 5-12** students and staff wear hats that protect their face, neck and ears whenever they are outside (during terms 1 and 4).
- 3.7.5. Staff will encourage students to be proactive and develop independence in being sun smart.
- 3.8. **Sunglasses:**
 - 3.8.1. Students and staff are encouraged to wear close fitting, wrap-around sunglasses that meet the Australian Standard 1067 (Sunglasses: Category 2, 3 or 4) and cover as much of the eye area as possible.
- 3.9. **Sunscreen:**
 - 3.9.1. The College will supply SPF 30+ broad spectrum, water resistant sunscreen for staff and student's use. **AND / OR**
 - 3.9.2. Students may provide their own SPF 30+ broad spectrum, water resistant sunscreen.
 - 3.9.3. Strategies in place to remind students to apply sunscreen before going outdoors (e.g. reminder notices, sunscreen monitors, sunscreen buddies).
 - 3.9.4. Students will be encouraged to apply sunscreen prior to outdoor PE lessons and sport sessions in term 1 and term 4.
 - 3.9.5. Sunscreen stations will be made available in classrooms and out in the College grounds during terms 1 and 4.

4. EVALUATION

- 4.1. This policy will be reviewed every three years

Approved by College Council on 20/08/18